

Family Dialogue

by Rachel Meyer, Age 10
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How often?

Once a week is probably best.

The WEDS of Family Dialogue

Write - Feelings and thoughts about the question. Children, who are too young to write, draw pictures which they explain to the rest of the family when it's their turn to read their letter.

Exchange - Each member of the family reads or explains their letter or drawing.

Dialogue - Each person gets an opportunity to share how they feel after hearing all the letters. Others should listen and not interrupt while each member of the family is sharing.

Select- The question can be selected at the end of this dialogue or at the beginning of next week's dialogue.

Family Dialogue is fun!
A fantastic thing to do.
Many feelings for you to write about'
It's fun to listen to your family's letters'
Lots of family fun.
You'll love Family Dialogue!

Dialoguing is a challenge.
Improvement is what family dialogue can help us with'
A great thing to do on Sundays
Learn lots of surprising things'
On Sundays I love Family Dialogue!
Go ahead! You will be happy you did!
Universal fun!
Enjoy!

Some possible questions for Family Dialogue:

How do I feel when someone in our family helps me?

How do I feel when I receive a compliment from someone in our family?

If Jesus came to our house, what would I like best about that? How would I feel while He was there?

What makes me happy about our family? How do I feel sharing that with all of you?

What makes sad about our family? How do I feel sharing that with all of you?

What do I see as my best quality? How do I feel about that?

What do I see as the best quality of the person sitting to my left? How do I feel about that?

You may want to end your Family Dialogue with a family activity.
(ex. sing-a-long, game, puzzle, etc.)

Rachel has grown up with Marriage Encounter. She was only two when her parents, Carol & Chuck Meyer, were encountered in Minnesota. The Meyer family now lives in North Chelmsford, Maine. Sunday is their Family Dialogue time.