

Changing the Way We Approach Advent & Christmas

by Laura & Steve Clark

After our Weekend in 2003, we realized we needed to place more emphasis on the spiritual part of Advent and Christmas with our family. So every night at dinner, we would light our Advent wreath and read a small reflection for the day from our church bulletin. Our children were young (then 7, 5, & 3) and their attention span was not too long, so the time spent was not lengthy, just quality. We also did a "kindness Kris Kringle" for each other where we showered our Kris Kringle with secret acts of kindness (making their bed, doing another chore, coloring a picture, etc). We, as a family, had a really good time doing this and this year as we prepared for Advent, our eight year old asked if we could do the same thing we did last year.